

COMMON CATHOLIC PRAYERS

SIGN OF THE CROSS

In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.

THE LORD'S PRAYER

Our Father, Who art in heaven, hallowed be
Thy name. Thy kingdom come. Thy will be done,
on earth as it is in heaven. Give us this day our
daily bread, and forgive us our trespasses, as we
forgive those who trespass against us, and lead us
not into temptation, but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women, and blessed is
the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.

THE GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning,
is now, and ever shall be, world without end. Amen.

PRAYER TO MY GUARDIAN ANGEL

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day
be at my side, to light, to guard, to rule, to guide. Amen.

AN ACT OF CONTRITION

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because
I dread the loss of heaven and the pains of hell; but most of all because they offend Thee,
my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of
Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

THE APOSTLE'S CREED

I believe in God, the Father Almighty, Creator of heaven and earth;
and in Jesus Christ, His only Son, our Lord; who was conceived by
the Holy Spirit, born of the Virgin Mary; suffered under Pontius Pilate,
was crucified, died, and was buried.

He descended into hell; the third day He arose again from the dead;
He ascended into heaven, and is seated at the right hand of God,
the Father Almighty; from thence He shall come
to judge the living and the dead.

I believe in the Holy Spirit; the Holy Catholic Church;
the communion of saints; the forgiveness of sins;
the resurrection of the body; and life everlasting. Amen.

HAIL, HOLY QUEEN

Hail Holy Queen, Mother of Mercy! Our life, our sweetness, and our hope! To thee do
we cry poor banished children of Eve; to thee do we send up our sighs, mourning and
weeping in this valley of tears! Turn then, most gracious advocate, thine eyes of mercy
towards us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O
clement, O loving, O sweet Virgin Mary! Pray for us, O Holy Mother of God. That we
may be made worthy of the promises of Christ. Amen

A BLESSING BEFORE MEALS

Bless us,
O Lord,
and these Thy gifts,
which we are about to receive
from Thy bounty
through Christ our Lord. Amen.

THANKSGIVING AFTER MEALS

We give thee thanks, Almighty God,
for all Thy blessings,
Who lives and reigns world without end. Amen.